Respect, Care, Faith and Forgiveness are some of the words students at St Benedict’s Catholic Primary School, Yeppoon, will focus on this year as part of The Virtues Project, which is being introduced across all year levels.

Assistant Principal Religious Education, Julie McLaughlin, said a different virtue would be introduced each week for staff and students to consider.

“We will take time each day to discuss the virtue to build understanding about what it means and how it applies to our lives at school and at home,” Mrs McLaughlin said.

“We endeavour through this project to enrich the lives of students and our school community, to build their spirit and their relationships with others,’ she said.

Mrs McLaughlin said The Virtues Project resources included Virtues cards containing brief scriptural readings and reflective passages well suited to the traditional Benedictine practice of Lectio Divina or Divine Reading through scriptural reading, meditation and prayer.

“Sr Kym Harris osb, assisted with the planning of the program to incorporate the practice of Lectio Divina so that students from Prep to Year 6 could participate successfully in the project,” she said.

“As well as utilising Lectio Divina the program also incorporates the Benedictine Gifts which are studied as part of our Benedictine Spirituality, and provide a wonderful reflection and witness to the ethos and ideology of our school community,” Mrs McLaughlin said.

Pictured from left are St Benedict’s Catholic Primary School students; Jacob Hill, Erica Westcott and Leala Messer