Jelly Baby Day sweet success

Healthy eating and awareness of Type 1 and 2 Diabetes were the focus of Jelly Baby Day at St Joseph’s Catholic Primary School Barcaldine.

Staff from Medicare Local visited the school and conducted information sessions for students and parents on diabetes awareness and healthy diets.

Interactive sessions with students included learning and choreographing moves to the Jelly Baby Song, while older students learnt to play the song on the guitar. The giant game of Snakes and Ladders also proved popular.

Parent workshops focused on educating parent on Type 1 and 2 Diabetes and tips on how to meet recommended serves of the five food groups and ideas for fussy eaters.

Students pictured above with from left:
Cassandra Whatley and Kylie Humrick (Health Promotion Officers),
Debbie Grier (Dietitian) and Greta Blom (Diabetes Educator).